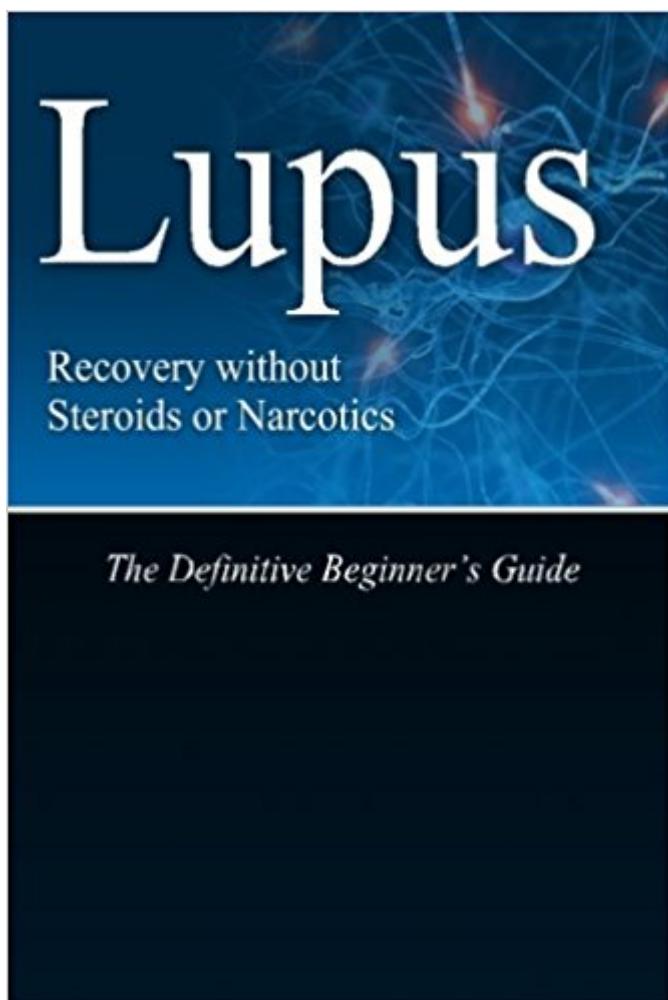


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# Lupus Recovery Without Steroids Or Narcotics: The Definitive Beginner's Guide



## Synopsis

Lupus Recovery without Steroids or Narcotics - The Definitive Beginner's Guide Searching for a recovery solution for Lupus that doesn't involve steroids or other harmful substances? This book contains proven steps and strategies on how manage and control the symptoms of your lupus disease without resorting to steroids and narcotics. Up to today, medical experts have not yet come up with a known cure for lupus which is a multi-system auto-immune disorder. Traditional medication approaches normally involves the use of corticosteroid, non-steroidal anti-inflammatory drugs or NSAIDs, anti-malarial medications and chemo-therapeutic drugs. Many doctors have questioned the effectiveness of these steroids and narcotics in truly treating the lupus symptoms of patients. Grab your copy of this guide today.

## Book Information

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## Customer Reviews

I saw this book whilst working, or at least I was supposed to be working, and saw this book. I watch a lot of "House m.d." on t.v. and I hear foreman always arguing against Lupus. I got this book so that I could learn what it was. It's a good read.

I bought this book to help my cousin who has lupus. She is 34 yrs old and i really wanted to help her. This book made me understand what is lupus exactly and gave me some tips to deal with it which i will talk it out with my cousin because i really need to support her. There is noticeable effort in this book

Okay but not worth buying

It was a decent resource but it is titled "lupus recovery without steroids..." The majority of the book is written it seems to be used along with steroids and traditional medicine.

I just got a paper copy of the book and was surprised to see that there was no mention about the author of this book. Or any reference material used to produce this book. I am also surprised why a reputable company like [is selling such material?](#) Perhaps [or someone could answer my concern about the validity of information?](#)

Unfortunately this book is not what I was looking for. It only cost \$.99 and I am so glad I didn't waste \$.99 on it. Lupus is such a disease that literally sucks the life out of you. Doctors, family members and friends, while they feel bad for you, they don't understand the hell on earth you go through. Wish this book could've been more helpful.

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